**Healthy Work and Healthy Workplaces**

**NHS Wales Mediation Network**

**Invitation for Expressions of Interest**

Mediation is an integral part of our approach to [Healthier Working Relationships.](https://heiw.nhs.wales/our-work/fair-together-healthy-compassionate-culture/healthier-relationships-work-workplaces/)  To express an interest in becoming a mediator, please:

* Highlight in writing by answering the questions below how you can demonstrate your experience to meet the requirements of the role
* Submit this to Mediation@wales.nhs.uk as soon as possible.

 If you have any questions, please contact the mediation team as above.

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| 1. Please tell us why you are interested in becoming a mediator?
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| 1. Please comment on what particular strengths you feel you bring to being a mediator.
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| 1. What do you feel are the main benefits of mediation, to the parties involved in the process?
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| 1. Who do you think are the people within your organisation who need to actively promote a positive attitude towards mediation?- How could you support this?
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| 1. Have you discussed with your manager the impact of the mediator role on your work attendance and the needs of the service?
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| 1. Have you any previous training that may be relevant; Mediation training, coaching, conflict management etc.
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