

## Case Studies: Optometrists and Dispensing Opticians in Wales Seeking Leadership Roles

### Case 3: Qualified Optometrist Interested in a Collaborative Lead Role



**Background:** Jane, a qualified optometrist in Wales, has been practicing for over five years, providing primary eye care services to a diverse patient population. Keen on expanding her role beyond clinical practice, Jane is particularly interested in the Collaborative Lead role within her cluster.. Her interest is driven by her belief in the importance of integrated care and the potential to improve patient outcomes through multidisciplinary teamwork. Jane has engaged in the 3D leadership programme and reflective practice sessions to develop her leadership skills, with the support of Health Education and Improvement Wales (HEIW). She has also utilised resources from the Introduction to Healthcare Leadership Programme and Eye on Leadership on the Gwella HEIW Leadership Portal for Wales, as well as the Accelerated Cluster Development Toolkit from Primary Care One and has gained insights from the Optometry Wales website to guide her efforts.

**Achievements:** As a Collaborative Lead, Jane will work within a cluster and aims to use her expertise to support better co-ordination between optometrists, ophthalmologists, and other healthcare providers, ensuring that patients receive comprehensive and timely care.

**Outcomes:** Jane's role as a collaborative lead has resulted in improved patient outcomes, the implementation of best practices, and the promotion of integrated care. Her leadership has contributed to the overall improvement of eye care services in her region.

For further information on the resources that supported Jane's journey, you can refer to:

[Introduction to Healthcare Leadership Programme](#)

[3D Programme](#)

[Accelerated Cluster Development Toolkit](#)

[Leadership in Optometry Podcast](#)

[Clusters - Optometry Wales](#)